

## MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA
NAAC Re-Accredited B-Level Govt. aided College
CPE (Under UGC XII Plan) & NCTE Approved Institutions
DBT Star College Scheme Award Recipient

E-mail: mugberia\_college@rediffmail.com // www.mugberiagangadharmahavidyalaya.ac.in

Ref. No.-MGM/

/2021-2022

Date:- 10/08/2021

### **Notice**

This is to notify that Mugberia Gangadhar Mahavidyalaya is organizing an awareness program on Physical Health by conducting exercises on the occasion of Fit India Run 2.0 on 13/08/2021 in association with Mugberia Rural Hospital. We kindly request all NSS members to actively participate in this event.



Principal Mugberia Gangadhar Mahavidyalaya



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#### Report of awareness program on Physical Health, 2021

Mugberia Gangadhar Mahavidyalaya successfully organized an awareness program on Physical Health, coinciding with the Fit India Run 2.0 on 13/08/2021. The event aimed to promote physical fitness and well-being among the students and staff. All NSS members actively participated in the program, contributing to its success. Additionally, the event engaged the local community, with residents joining in the run and exercise sessions, fostering a sense of unity and health consciousness in the area. The program also included interactive sessions on the importance of physical activity and a healthy lifestyle, encouraging community members to adopt healthier habits.

Scheme Name: Fit India Run2.0

Date: 13.08.2021

Place: Respective place of NSS members

No. of student Participation: 20

Twitter Link: <a href="https://twitter.com/MugberiaM/status/1426157937551048704/photo/2">https://twitter.com/MugberiaM/status/1426157937551048704/photo/2</a>



Principal Mugberia Gangadhar Mahavidyalaya

Date: 13.08.2021

NSS students perform different activities and engage the local resident on the occasion of Fit India Run2





Principal Mugberia Gangadhar Mahavidyalaya

#### Collaboration circular with Bhupatinagar Mugberia Rural Hospital I

# Govt. of West Bengal OFFICE OF THE BLOCK MEDICAL OFFICER OF HEALTH BHAGWANPUR - II BLOCK Bhupatinagar Mugberia Rural Hospital | bhagwanpur2.bhfws.mideast@gmail.com Bhupatinagar: : Purba Medinipur

Memo No. BPMU//Bhag-II/ 785 /2023-24

Date: 07 03/24

To The principal Mugberia Gangadhar Mahavidyalaya

This is to certify that Mugberia Gangadhar Mahavidyalaya, in association with Bhupatinagar Mugberia Rural Hospital, conducted the awareness program on Physical Health on 13/08/2021. This event was successfully organized, and it has significantly benefited our hospital. The collaborative efforts between Mugberia Gangadhar Mahavidyalaya and Bhupatinagar Mugberia Rural Hospital have demonstrated a commitment to community welfare and education. We appreciate the efforts of Mugberia Gangadhar Mahavidyalaya in organizing this program and look forward to working together on more projects in the future.

an aheria Ruran da gara

Allushek Mondal

Dr Abhishek Mondal
MARS PGPN (Boston University)
Sid No -57545 (WBMC)
Block Medical Officer of Health
E Mugperia Rural Hospital