



MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia_college@rediffmail.com // www.mugberiangangadharmahavidyalaya.ac.in

Report of Educational Tour

Department of Physical Education

M.P.Ed. 4th Semester 2021-2023

Eight days Educational Tour was organized by Department of Physical Education, Mugberia Gangadhar Mahavidyalaya on **16th March to 23th March, 2K23** to visit **Chennai, Coimbatore, Ooty and Coonoor**. For the academic year 2021-2023, **Total 34 (Male-17 & Female-17) students** from M.P.ED 4th Semester participated in this Tour. The students were accompanied by the Teaching faculty member, Female escort and Travel Agency (Royal Bengal Travels).

Teaching Faculty Member:— Mr. Biswajit Dhali, Assistant Professor.

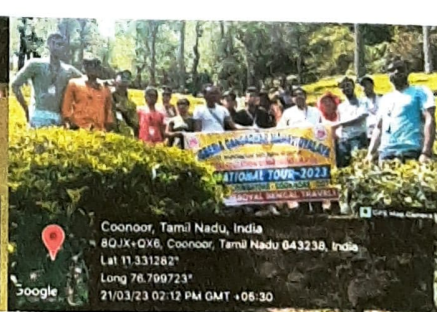
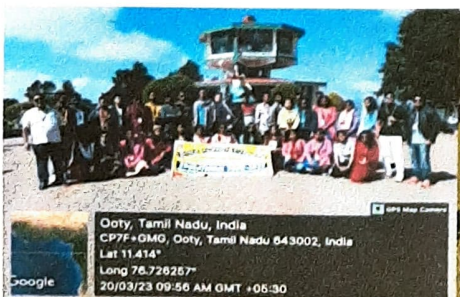
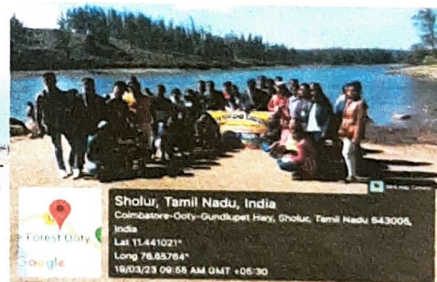
Female escort:— Mrs. Payel Samanta Dhali, (Wife of Biswajit Dhali).

Students:— Anamika Rajak, Aukash Rai, Biltu Mistri, Dibyarup Mondal, Dipayan Adhikary, Gita Hansda, Indrajit Mondal, Insarul Shah, Kabita Murmu, Mada Hembram, Majhram Hembram, Nagen Hembram, Nibedita Saren, Payel Chakraborti, Puja Mondal, Rajesh Patra, Ramani Mura, Rimpa Betal, Rita Mandal, Rituparna Pal, Sahin Iqbal, Saraswati Murmu, Satyabrata Barman, Puspa Raj Tamang, Sharmistha Barman, Sourav Dutta, Sukanta Khatua, Shrimati Hembram, Subha Mani, Sucheta Saha, Sumon Rana, Sumi Saren, Susanta Hembram, Usaa Gurung.

Tour Captain: Sourav Dutta, M.P.Ed 4th SEM

Group Leader: Sahin Iqbal, Saraswati Murmu, Anamika Rajak and Dipayan Adhikary

Treasurer: Biltu Mistri & Rimpa Betal, M.P.Ed 4th SEM



Bhali
28/03/23
Signature of Coordinator
(Biswajit Dhali)



A
28.03.23
H. O. D
(Dr. Debasish Ray)

Swapan
28-03-23
Signature of Principal
(Dr. Swapan Kumar Misra)
Principal
Mugberia Gangadhar Mahavidyalaya

Details of Excursion

1. TRAIN JOURNEY [Kharagpur to Chennai to Coimbatore] - 16.03.2023 to 17.03.2023
2. COIMBATORE [Adiyogi Statue & Isha Foundation] - 18.03.2023
3. OOTY SIGHT SEEN 1st Day [Wellington Lake, Pykara Lake, Pykara Water Falls] - 19/03/2023
4. OOTY SIGHT SEEN 2nd DAY [Doddabetta, Tea & Chocolate Factory, Museum, Church, Night Shopping] - 20/03/2023
5. COONOR SIGHT SEEN [Mettupoliyam Rail Station, Tea Garden, Katterly Park and others] – 21/03/2023
6. CHENNAI, SIGHT SEEN [YMCA, Marina Beach, Amma Museum] – 22/03/2023
7. TRAIN JOURNEY [Chennai to Kharagpur] - 23/03/2023

Tour Outcomes

We believe that there can be no better tool for learning than the practical implementation of knowledge. Students got a lot of practical experience from YMCA (1st Physical Education College in India in 1920) and Isha Foundation (Indian traditional Yogic culture Centre). They saw the reality of physical education department in YMCA and they played a volleyball match with the students of YMCA. They improved physical and mental health, stress relief, improved mental clarity and concentration, improved energy by learning with practicing Isha Yoga - Upa Yoga and Isha Kriya. The natural place of Ooty may also enhance their creativity, sense of happiness and satisfaction. Other outcomes are:

1. An Opportunity to Exchange Ideas
2. Strengthens the Prospects of Personal Development
3. Improve discipline of time,
4. Improve leadership Quality
5. Improve the different knowledge
6. Knowledge how to conduct a tour
7. Etc.





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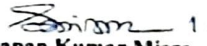
E-mail : mugberia_college@rediffmail.com // www.mugberiangangadharmahavidyalaya.ac.in

Date: 16.01.2023

Notice

It is hereby notified that the Department of Physical Education, Mugberia Gangadhar Mahavidyalaya is going to organize an **Educational Tour** for the students of **M.P.Ed. 4th Semester** from 16th - 23th March, 2023. So, all the students of M.P.Ed. 4th Semester are informed to actively participate in the said programme.



 16.01.2023
Dr. Swapan Kumar Misra

Principal

Mugberia Gangadhar Mahavidyalaya


Principal
Mugberia Gangadhar Mahavidyalaya



Mugberia Gangadhar Mahavidyalaya

Department of Physical Education

Educational Tour 2023

M.P.Ed. 4th Semester 2021-2023

Attendance

Sl. No.	Name	Gender	Age	Roll No	Full Signature
1	Biltu Mistri	Male	26	3	Biltu Mistri
2	Indrajit Mondal	Male	26	08	Indrajit Mondal
3	Sahin Iqbal	Male	28	25	Sahin Iqbal
4	Insarul Shah	Male	27	09	Insarul Shah
5	Subha Mani	Male	25	35	Subha Mani
6	Suman Rana	Male	28	37	Suman Rana
7	Sourav Dutta	Male	26	32	Sourav Dutta
8	Sukanta Khatua	Male	26	33	Sukanta Khatua
9	Puspa Raj Tamang	Male	28	28	Puspa Raj Tamang
10	Nagen Hembram	Male	29	16	Nagen Hembram
11	Dibyarpur Mondal	Male	24	05	Dibyarpur Mondal
12	Satyabrata Barman	Male	28	27	Satyabrata Barman
13	Majhram Hembram	Male	28	15	Majhram Hembram
14	Susanta Hembram	Male	29	39	Susanta Hembram
15	Dipayan Adhikary	Male	25	06	Dipayan Adhikary
16	Rajesh Patra	Male	25	20	Rajesh Patra
17	Aakash Rai	Male	29	02	Aakash Rai
18	Rimpa Betal	Female	24	22	Rimpa Betal
19	Rituparna Pal	Female	25	24	Rituparna Pal
20	Payel Chakraborty	Female	25	18	Payel Chakraborty
21	Anamika Rajak	Female	26	01	Anamika Rajak
22	Nibedita Saren	Female	25	17	Nibedita Saren
23	Rita Mandal	Female	26	23	Rita Mandal
24	Srimati Hembram	Female	28	34	Srimati Hembram
25	Gita Hansda	Female	25	07	Gita Hansda
26	Sumi Saren	Female	26	38	Sumi Saren
27	Usha Gurung	Female	28	10	Usha Gurung
28	Sharmistha Barman	Female	25	24	Sharmistha Barman
29	Sucheta Saha	Female	26	36	Sucheta Saha
30	Puja Mondal	Female	26	19	Puja Mondal
31	Ramani Mura	Female	28	21	Ramani Mura
32	Kabita Murmu	Female	25	11	Kabita Murmu
33	Saraswati Murmu	Female	28	26	Saraswati Murmu
34	Mada Hembram	Female	29	14	Mada Hembram



Bhuli
16/03/23

Visiting Certificate

 **The National Council of YMCAs of India**
YMCA COLLEGE OF PHYSICAL EDUCATION
A Project of the National Council of YMCAs of India
(Autonomous College Affiliated to Tamil Nadu Physical Education & Sports University)
Registered under UGC Act

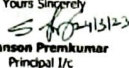
24.03.2023

To

Dr. Swapan Kumar Misra
Principal
Mugbena Gangadhar MahaVidyalaya
P.O. Bhupatinagar

This is to certify that your students have successfully visited our campus on 22.03.23 from Morning 8 Am till Noon much specifically our Sports Facilities. We are pleased to provide such an opportunity to your College. The visit is with reference to your request letter dated 18.01.2023.

Thanking You

Yours Sincerely

Dr. S. Johnson Premkumar
Principal I/c



Saidapet, Nandanam, Chennai - 600035
Phone : 24344816, 24361069; Email : ymcaindianam1920@gmail.com

**Doddabetta Tea Factory
And the Tea Museum**



INDUSTRIAL VISIT CERTIFICATE

This is to certify that students of **MUGBENA GANGADHAR MAHAVIDYALAYA**
PHYSICAL EDUCATION DEPARTMENT (HPEB)
visited The Doddabetta Tea Factory and the Tea Museum on _____
They were given first hand information of the entire tea history and processing.
They participated in a guided factory tour in which the history of tea and the
different stages of tea processing like withering, crushing, cutting / tearing /
curling (CTC), shaping, fermentation, drying, cleaning and grading was
explained to them. The students evinced keen interest in knowing all aspects
about tea manufacture.

Place : Udhagamandalam
Date : 22/03/2023


Authorized Signatory


Aen. Office : 15 B Nandan Hospital Premises, Corner : 643 101, The Nilgiris. Phone : (0423) 2231879
Mobile : 94430 30520 / 94434 16020. www.teamuseumindia.com e-mail : teamuseumindia@gmail.com



Invoice

OM SAI RAM



ROYAL BENGAL TRAVELS

BILL TO,

DATE: 5/1/23

MUGBERIA GANGADHAR MAHAVIDYALAYA,

PHYSICAL EDUCATION DEPARTMENT (MPED).

MUGBERIA,

BHUPATINAGAR,

PURBA MEDINIPUR,

WEST BENGAL - 721425.

DESCRIPTION	AMOUNT RS.
16/03/2023 TO 23/03/2023 FOR 8 DAYS PACKAGE. CHENNAI - COIMBATORE - COONNORE -OOTY TOUR. TOUR INCLUDES (SL CLASS- RETURN TRAIN TICKETS ,FOOD -VEG & NON VEG ,ACCOMMODATION -SHARING BASIS , NON A/C VEHICLE FOR SIGHT SEENS).TOTAL 35 PAX (6200 X 35)=	217000.00
1 PAX (DISCOUNT PRICE) (2000 X 1)=	2000.00
2 PAX CANCELLATION (1000 X 2)=	2000.00
1 PAX CANCELLATION (3000 X 1)=	3000.00
RUPEES: TWO LAKH TWENTY FOUR THOUSAND RUPEES ONLY.	
TOTAL	224000.00

CLIENT SIGNATURE.

For ROYAL BENGAL TRAVELS



Head Office : VIII + P.O + P.S - Bhupatinagar, Purba Medinipur, West Bengal - 721425.
Cell : 90027 92086, 90028 21204 Ph : 03220 270 699 / 270 771
E-mail : royalbengaltravels@yahoo.com, royalbengaltravels2017@gmail.com
Website : royalbengaltravels.com

Tour Quotation and Agreement

ROYAL BENGAL TRAVELS
DATE: 17/03/23

QUOTATION FOR TOUR PACKAGE (7 NIGHTS & DAYS)
CHENNAI - COIMBATORE - COONNOR - COOTY TOUR

TOUR ITINERARY:

16/03/2023 STARTING FROM CHENNAI AIRPORT AT 15:30 HRS AND REACHING ON 17/03/2023 AT 16:50 HRS IN CHENNAI CENTRAL AND NEXT TRAIN TO COIMBATORE AT 22:00 HRS FROM CHENNAI CENTRAL.

18/03/2023 ARRIVING AT COIMBATORE STATION AND FRESH UP IN HOTEL AND STRAIGHT TO RIGHT SEEN (AZHIVAR STATUE) AND STRAIGHT TO COOTY AND NIGHT HALT AT COOTY.

19/03/2023 COOTY RIGHT SEEN (DODDABETTA TEA GARDEN AND FACTORY, MUSEUM, ROSE GARDEN, POTANAL GARDEN, COOTY LAKE) AND NIGHT HALT.

20/03/2023 COONNOR RIGHT SEEN (DROO FORT, FALLS, WELLINGTON LAKE, CHURCH, AND LARRY ROCK) AND NIGHT HALT IN COOTY.

21/03/2023 COOTY TO METTUPALAYAM AND TRAIN AT 21:00 HRS TO CHENNAI CENTRAL.

22/03/2023 ARRIVING AT CHENNAI CENTRAL AND FRESH UP IN HOTEL AND RIGHT SEEN (VMCA) AND MARINA BEACH AND NIGHT TRAIN AT 19:00 HRS FROM CHENNAI CENTRAL.

23/03/2023 ARRIVING AT CHENNAI AIRPORT AT 03:55 HRS.

TOUR DECLARATION:

RETURN TRAIN TICKETS (SL CLASS)
FOOD: VEGETARIAN AND NON-VEGETARIAN (SHARING BASIS)
ACCOMMODATION: DORMITORY ROOMS (SHARING BASIS)
RIGHT SEEN: NON A/C BUS FOR NIGHT SEEN

TOUR EXCLUSION:

ALL ENTRY FEES

TOTAL AMOUNT PER STUDENT RS- 6201/-
For ROYAL BENGAL TRAVELS

Head Office: VPO + P.O. + Bhadrachalam, Purna Medinipur, West Bengal - 721425.
Call: 98027 8266, 98027 8264, 98027 8265 / 98027 8266 / 98027 8267
E-mail: royalsinghtravels@yahoo.com, royalsinghtravels2017@gmail.com
Website: royalsinghtravels.com

भारतीय गैर न्यायिक
दस रुपये **TEN RUPEES**
रु.10 **Rs.10**
INDIA NON JUDICIAL

Date: 08/03/2023

TOUR AGREEMENT BETWEEN TRAVEL AGENT AND CLIENT
TOUR PACKAGE (7 NIGHTS & DAYS)

TRAVEL AGENT	CLIENT
ROYAL BENGAL TRAVELS VILL: MATHURAN PO: MADHABPUR PS: BHUPATNAGAR PURBA MEDINIPUR WEST BENGAL-721426	MUGHERIA GANGADHAR MAHAVIDYALAYA PHYSICAL EDUCATION DEPARTMENT (MPED) MUGHERIA BHUPATNAGAR PURBA MEDINIPUR WEST BENGAL-721425

CHENNAI - COIMBATORE - COONNOR - COOTY TOUR

Inclusions:

Return Train Tickets (SL class)
Accommodation: (Dormitory Rooms) (Non A/c Sharing Basis)
Food: Breakfast, Lunch and Dinner (Veg & Non Veg)
Vehicle: Non A/C Bus for Sight Sees
Exclusion: All Entry Tickets

For ROYAL BENGAL TRAVELS

TOUR ITINERARY:

★ 16/03/2023 STARTING FROM CHENNAI AIRPORT AT 15:30 HRS (SL)

★ 17/03/2023 ARRIVING AT 16:50 HRS IN CHENNAI CENTRAL AND NEXT TRAIN TO COIMBATORE AT 22:00 HRS FROM CHENNAI CENTRAL (SL)

★ 18/03/2023 ARRIVING AT COIMBATORE STATION AND FRESH UP IN HOTEL AND STRAIGHT TO RIGHT SEEN (AZHIVAR STATUE) AND STRAIGHT TO COOTY AND NIGHT HALT AT COOTY (SL)

★ 19/03/2023 COOTY RIGHT SEEN (DODDABETTA TEA GARDEN AND FACTORY, MUSEUM, ROSE GARDEN, POTANAL GARDEN, COOTY LAKE) AND NIGHT HALT AT COOTY (SL)

★ 20/03/2023 COONNOR RIGHT SEEN (DROO FORT, FALLS, WELLINGTON LAKE, CHURCH, AND LARRY ROCK) AND NIGHT HALT AT COOTY (SL)

★ 21/03/2023 COOTY TO METTUPALAYAM AND TRAIN AT 21:00 HRS (SL)

★ 22/03/2023 ARRIVING AT CHENNAI CENTRAL AT 03:55 HRS AND FRESH UP IN HOTEL AND STRAIGHT TO RIGHT SEEN (VMCA) AND MARINA BEACH AND NEXT TRAIN AT 19:00 HRS (SL)

★ 23/03/2023 ARRIVING AT CHENNAI AIRPORT AT 03:55 HRS (SL)

TOUR DECLARATION:

A. RETURN TRAIN TICKETS (SL CLASS)
B. FOOD: VEGETARIAN AND NON-VEGETARIAN
C. ACCOMMODATION: DORMITORY ROOMS (SHARING BASIS)
D. RIGHT SEEN: NON A/C BUS FOR NIGHT SEEN

TOUR EXCLUSION:

A. ALL ENTRY FEES EXTRA
B. AND WHICH EVER NOT MENTIONED

For ROYAL BENGAL TRAVELS

TERMS AND CONDITIONS:

A. THIS AGREEMENT IS VALID TILL 24 HOURS FROM THE DATE OF AGREEMENT DULY SIGNED.

B. ALL THE STUDENTS TRAIN TICKET IS IN FULL FARE (No Cancellation).

C. I NEED THE AUTHORIZATION LETTER HEAD COPY FROM COLLEGE TO CONDUCT THE TOUR.

D. I NEED THE LETTER HEAD COPY OF DECLARATION LETTER TO ENTER IN VMCA CHENNAI.

E. I NEED ALL THE DETAILS OF STUDENTS BY ID CARD AND AS WELL THE FACILITIES IN ID CARD.

F. ALL THE FOOD WILL BE IN VEGETARIAN AND NON-VEGETARIAN FOOD FORMATION.

G. THIS TOUR IS IN EX. CHENNAI, PICK UP POINT AND DROPPING POINT IS THE DROPPING POINT.

H. THIS TOUR IS FOR SL. PAX. There will be no extra charge if any UP AND DOWN IN PAX RATE WILL BE DIFFER.

I. WE ARE NOT RESPONSIBLE FOR ANY NATURAL PROBLEM IN WEATHER OR ANY DIFFICULTY IN SITUATION IN THE RIGHT SEEN.

J. WE ARE NOT RESPONSIBLE FOR YOUR BAGGAGE OR THINGS.

K. THIS IS TO INFORM THAT THIS IS A COLLEGE TOUR COMBINED BOTH MALE AND FEMALE STUDENTS, IF ANY ISSUES OR ACCIDENT HAPPENS BY BAGGAGE OR ANY ETCO PROBLEM, WE ARE NOT RESPONSIBLE FOR THAT ISSUE AS PER GOVT ACT.

L. THIS IS TO INFORM THAT ANY STUDENTS OR ANY STAFF UNDERGOES ANY ILLEGAL ACTIVITIES OR ANY LIFE RISK ATTEMPT WE ARE STRICTLY NOT RESPONSIBLE OR REASONABLE FOR THE INCIDENT HAPPENS AS PER GOVT ACT.

For ROYAL BENGAL TRAVELS

CANCELLATION: ANY CANCELLATION HAPPENS BY PAX FROM BOOKING DATE. TILL 31/01/2023 75% AMOUNT WILL BE REFUND FROM THE ADVANCE AMOUNT PAID ON AGREEMENT DULY SIGNED. ANY CANCELLATION HAPPENS BY PAX FROM 01/02/2023 TO 30/03/2023 50% AMOUNT WILL BE REFUND FROM THE ADVANCE AMOUNT PAID ON AGREEMENT DULY SIGNED. ANY CANCELLATION HAPPENS FROM 01/03/2023 THERE WILL BE NO REFUND OF AMOUNT PAID ON AGREEMENT DULY SIGNED.

PAYMENTS: 50% AMOUNT HAVE TO PAY AS ADVANCE ON AGREEMENT DULY SIGNED DATE AND 25% AMOUNT HAVE TO PAY WITHIN 28/03/2023 AND BALANCE 25% AMOUNT HAVE TO PAY AFTER COMPLETION OF THE TOUR AT COOTY.

AMOUNT PER STUDENT RS- 6201/-
(WITH VEG & NON VEG FOOD)

For ROYAL BENGAL TRAVELS

For Royal Bengal Travels

Signature of HOD of Dept. MPED.

Signature of Students Head (Male)

Signature of Students Head (Female)

Signature of Teachers Head of MPED

Principal Signature.

MUGHERIA GANGADHAR MAHAVIDYALAYA



Principal
Mugheria Gangadhar Mahavidyalaya

28.03.23