



# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // www.mugberiangangadharmahavidyalaya.ac.in

Ref. No.-MGM/ / /2021-2022

Date:- 10/08/2021

## Notice

This is to notify that Mugberia Gangadhar Mahavidyalaya is organizing an awareness program on Physical Health by conducting exercises on the occasion of Fit India Run 2.0 on 13/08/2021 in association with Mugberia Rural Hospital. We kindly request all NSS members to actively participate in this event.



Principal  
Mugberia Gangadhar Mahavidyalaya



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## Report of awareness program on Physical Health, 2021

Mugberia Gangadhar Mahavidyalaya successfully organized an awareness program on Physical Health, coinciding with the Fit India Run 2.0 on 13/08/2021. The event aimed to promote physical fitness and well-being among the students and staff. All NSS members actively participated in the program, contributing to its success. Additionally, the event engaged the local community, with residents joining in the run and exercise sessions, fostering a sense of unity and health consciousness in the area. The program also included interactive sessions on the importance of physical activity and a healthy lifestyle, encouraging community members to adopt healthier habits.

Scheme Name: Fit India Run2.0

Date: 13.08.2021

Place: Respective place of NSS members

No. of student Participation: 20

Twitter Link: <https://twitter.com/MugberiaM/status/1426157937551048704/photo/2>



  
Principal  
Mugberia Gangadhar Mahavidyalaya



*[Signature]*  
Principal  
Mugberia Gangadhar Mahavidyalaya

Govt. of West Bengal  
OFFICE OF THE BLOCK MEDICAL OFFICER OF HEALTH  
BHAGWANPUR - II BLOCK  
| Bhupatinagar Mugberia Rural Hospital |  
: bhagwanpur2.bhfws.mideast@gmail.com  
Bhupatinagar : Purba Medinipur

Memo No. BPMU//Bhag-II/ 785 /2023-24

Date : 07/03/24

To  
The principal  
Mugberia Gangadhar Mahavidyalaya

This is to certify that Mugberia Gangadhar Mahavidyalaya, in association with Bhupatinagar Mugberia Rural Hospital, conducted the **awareness program on Physical Health** on 13/08/2021. This event was successfully organized, and it has significantly benefited our hospital. The collaborative efforts between Mugberia Gangadhar Mahavidyalaya and Bhupatinagar Mugberia Rural Hospital have demonstrated a commitment to community welfare and education. We appreciate the efforts of Mugberia Gangadhar Mahavidyalaya in organizing this program and look forward to working together on more projects in the future.



Abhishek Mondal

Dr. Abhishek Mondal  
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Block Medical Officer of Health  
B. Mugberia Rural Hospital