

## MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA
NAAC Re-Accredited B+Level Govt. aided College
CPE (Under UGC XII Plan) & NCTE Approved Institutions
DBT Star College Scheme Award Recipient

E-mail: mugberia\_college@rediffmail.com // www.mugberiagangadharmahavidyalaya.ac.in

Ref. No.-MGM/ / /2019-2020

## **Notice**

This to notify that the Mugberia Gangadhar Mahavidyalaya will observe the Fit India Movement on 29<sup>th</sup> August, 2019 at 2:30 PM organised by Physical Education department at Bhuptinagar, Purba Medinipur, West Bengal. All students, Faculty members and administrative staff are requested to attend the said programme.





Date: - 26/08/2019



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## Report of Fit India Movement, 2019

Fit India Movement is a nation-wide movement in India to encourage people to remain healthy and fit by including physical activities and sports in their daily lives. The movement was launched by Prime Minister of India Narendra Modi at Indira Gandhi Stadium in New Delhi on 29 August 2019 (National Sports Day). The Fit India Movement at Mugberia Gangadhar Mahavidyalaya was a resounding success, with active participation from students, faculty, and staff alike. The campaign succeeded in instilling a sense of responsibility towards personal health and fitness, and it strengthened the bond within our college community. We hope to sustain the momentum generated by the Fit India Movement and continue promoting physical fitness and well-being in the years to come.

We extend our gratitude to all those who supported and participated in this movement, and we look forward to further enriching the fitness culture at Mugberia Gangadhar Mahavidyalaya.















